



MAYO SPORTS CLINIC

Official Opening of Mayo Sports Clinic by An Taoiseach Enda Kenny, TD

Saturday, October 6th, 2012, 2pm

Mayo Sports Clinic,
Kevin Barry St, Ballina, Co. Mayo



Guest Speakers:



Prof Niall Moyna, DCU

Professor Moyna will speak on 'Exercise is medicine'. He is a Professor in the School of Health

and Human Performance and also a member of the Centre for Preventive Medicine in DCU.

He has vast experience in the sporting arena, and was a member of the Dublin senior football backroom team in 2011 when they captured the All-Ireland senior football championship.

Topic:

Exercise is medicine



Andy Moran, Mayo senior football captain

Andy will talk on 'Injury management for the elite sportsperson', and he will

draw on his own experiences during 2011 and 2012, when he suffered two serious leg injuries.

The Ballaghderreen native is recognised as one of Ireland's most committed and inspirational Gaelic footballers.

Topic:

Injury management for the elite sportsperson

Other leading sports personalities

Hosted by Directors Mayo Sports Clinic:
Dr Sean Moffatt and Liam Moffatt

Mayo Sports Clinic: Excellence in Physiotherapy, Orthopaedic & Sports Medicine

www.mayosportsclinic.com, Tel: 096 22868 / 087 052 6262