

ACHIEVING Success in sport²

What does it take?

Please detach & return your completed registration form to:

Mayo Sports Partnership,
Mayo County Council,
Aras an Chontae,
Castlebar,
Co. Mayo.

By Monday, 11th of November.

Please note that in the event of a fully booked out event, there will be no registration taken on the night.

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What does it take?

Following on from last years successful seminar the organising partners are delighted to bring another event to the county. This seminar is aimed at coaches, leaders, teachers, parents, sports development officers, players, athletes and anybody who has any interest in sport.

As part of the Western Region Drug and Alcohol Awareness Week 2012 from the 11th - 15th of November, the Western Region Drugs Task Force in association with South West Mayo Development Company, Mayo Sports Partnership and Mayo County Development Board aim to explore all aspects of sporting life including topics such as:

- Sport and Health
- Sport and Management
- Sport: The Culture of Alcohol
- Alcohol Sponsorship of Sport
- The Demands of High Performance Athletes

This is an open debate titled
"Achieving Success in Sport: what does it take?"

With Top Sporting Personalities

For Further Information Contact:

Mayo Sports Partnership
T: (094) 9047025



ACHIEVING Success in sport²

What does it take?

Tuesday, 12th November 2013
7.30pm – 10pm
Breaffy House Hotel, Castlebar

- 7.30pm Registration**
- 7.45pm Welcome**
Seminar Chair: Liam Horan
- 7.50pm Mr. Charlie Lambert**
Sports Co-ordinator: Mayo Sports Partnership
- 7.55pm Mr. Pat Conway**
Community Liaison Workder WRDTF
- 8.00pm Debate Speakers:**
Eddie O Sullivan – *Former Head Coach of the Irish Rugby Team*
Kevin Mc Stay – *GAA TV Pundit and All Ireland Club Winning Manager*
Cora Staunton – *All Ireland Ladies GAA Winner*
Sean Moffatt – *Mayo Senior GAA Team Doctor*
- 9.30pm Questions & Panel Discussions**
- 10.00pm Refreshments & Networking**

BIOGRAPHIES:

Eddie O’Sullivan

O’Sullivan played for the Garryowen Football Club during the 1970s and 1980s, while teaching physical education, maths, and science in Mountbellew. He also played Gaelic Football. In 1982, he played corner forward on the Mountbellew Moylough Gaelic football team that lost the Galway Senior Football Final.

He started his coaching career at a Galway club Monivea RFC before being appointed as a rugby development officer with the IRFU. He followed this with spells coaching at Blackrock College, (first as assistant, then as head coach) Connacht and the Irish Under-21 side. The Under-21 side won the 1996 Triple Crown, beating Clive Woodward’s England.

O’Sullivan moved to America to coach the US Eagles. He was then appointed as the assistant coach of the Irish national side in 1999, and in 2001 as the

head coach following the departure of Warren Gatland. O’Sullivan won 3 triple crowns with Ireland, in 2004, 2006 and 2007. On 19 March 2008, O’Sullivan resigned from his job after a disappointing 6 Nations campaign. He has since returned for a stint with the US Eagles he currently assists the Cypriot national team, giving on advice on how the union and the team can improve on its limited budget.

Kevin McStay

Kevin McStay is regarded as one of Mayo’s greatest-ever players. He made his debut for the team during the 1983 and was a regular member of the starting fifteen until his retirement after the 1990 championship. During that time he won two Connacht winners’ medals and one JAll-Star award. He ended up as an All-Ireland runner-up on one occasion. At club level McStay played with both Ballina Stephenites in Mayo and Ballymun Kickhams in Dublin. He was the manager of St. Brigid’s of Roscommon in 2013 when they won the All Ireland Club Championship against Ballymun Kickhams. McStay is a regular analyst on The Sunday Game.

Cora Staunton

Cora Staunton is an eight time All Star who has four All-Ireland senior medals to her name, she plays her club football with Carnacon, winners of three All-Ireland club titles in recent years. Cora is widely regarded as being the best ladies Gaelic footballer of the last decade, if not of all time. Cora’s scoring exploits with her club, Carnacon, and Mayo means that her legend will endure long after she has toggged in for the last time. Cora is blessed with phenomenal strength, speed and power while few can come close to her football ability. Many would argue that Cora would easily make a n impact in the men’s game.

Sean Moffatt

Dr Sean Moffatt is a member of the Mayo senior football medical backroom team. He is also a director of the Mayo Sports Clinic which is based in Ballina. The Mayo Sports Clinic provides the following services: Physiotherapy, Athletic Training, Sports Medicine, Occupational Injuries, Orthopaedic Rehabilitation, Bio-Mechanical Assessment, Strength & Conditioning, Pre-season Team Sport Medical & Physiotherapy Screening, Pre-Event Medicals High Performance Athlete Services, High-end Sports Rehabilitation, Injection Therapy and Back Pain Clinic. Through linkages with some of the leading institutions in Ireland, Mayo Sports Clinic also offers an excellent referral service.

More details on Mayo Sports Clinic are available on [<http://www.mayosportsclinic.com/>] www.mayosportsclinic.com. Sean also played senior GAA for his local Ballina Stephenites club.



REGISTRATION FORM

*Achieving Success in Sport
What does it take?*

Name 1

Name 2

Name 3

Club/Group Name

Contact Name

Address

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Tel. Number:

Email

If you would like to receive updates about future MSP events please enter email here:

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