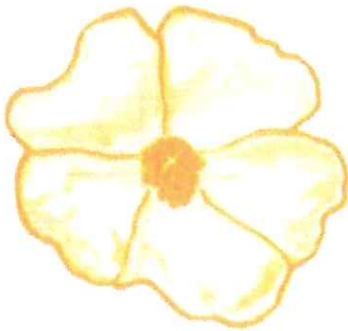


MAYO CANCER SUPPORT ASSOCIATION

ROCK ROSE HOUSE



Programmes Running at Rock Rose House

- Support Group** Meet on the last Wednesday of each month
Next meeting 26th September 2012 at 7pm
- Yoga** Beginning Wednesday 12th September for 6 weeks.
Sept 12th 19th & 26th / October 3rd, 10th & 17th
10am -11.30am Beginners /11.30-1pm Follow on
- Stress Management** Beginning Tuesday 18th Sept 2012 for 6 weeks.
Sept. 18th, 25th & October 2nd 9th, 16th, 23rd
10.30am – 12.30pm
- Vision Programme** Beginning Saturday 6th Oct for 4 weeks
Saturday 6th 13th 20th October & 3rd November
10.30 am – 12.30 pm
- Bereavement Support** Beginning Tuesday 6th November for 4 weeks
November 6th, 13th, 20th, 27th @ 8pm – 10 pm
- ART Programme** Beginning Friday 14th September for 6 weeks
14th, 21st 28th Sept & 5th, 12th, 19th October 2pm-4pm

To book a place, telephone: 094 9038407
Email: mayocancersupport@eircom.net

"Caring about people living with cancer"