

Dare 2 Care Challenge



Help raise funds for Mayo's Young Carers

Background info:

The designated Dare 2 Care team will undertake to climb the 6 highest peaks in the West of Ireland from April 1st-April 10th to raise awareness and funds for Young Carers in the West.

The team will cycle to each peak, climb, and camp overnight before heading onto the next peak. They will travel through Co Mayo 5th-9th April and tackle Mweelrea on April 8th!

What you can do:

Create and undertake your own challenge for sponsorship between now and 3rd May!

Examples

- 5k/10k/dualthon challenge
- Climb a local peak of your choice
- Walk/run/cycle all or part of the Greenway
- Swim lengths of a pool
- Complete timed sessions of skipping rope/situps/pushups

OR

Simply collect sponsorship for the Dare2Care team

If you Dare 2 Care call to register on: 086 3775702

Charity no: CHY 10962

